Self-Directed Search® – Fifth Edition

Overview
The Self-Directed Search® – Fifth Edition is an online assessment that is designed to help clients learn about themselves and their career options. The SDS® is based on John Holland’s theory that people and work environments can be classified according to six basic types: realistic, investigative, artistic, social, enterprising, and conventional. These personality types are collectively known as the Holland RIASEC model. This easy-to-use comprehensive career exploration tool asks questions about the individual’s aspirations, activities, competencies, occupations, and other self-estimates. The resulting three-letter Summary Code designates the three personality types (based on Holland’s RIASEC) an individual most closely resembles. This information is used to help the individual find an occupational match.

Summary

<table>
<thead>
<tr>
<th>Name of Tool/Author</th>
<th>Age Range*</th>
<th>Method of Administration/Format</th>
<th>Approximate Time to Administer</th>
<th>Subscales</th>
</tr>
</thead>
<tbody>
<tr>
<td>Self-Directed Search® – Fifth Edition (2013)</td>
<td>11–70</td>
<td>Individual, computer-based administration; Spanish version available</td>
<td>25-35 min. to administer; 10 min. to score</td>
<td>Subscales include: realistic, investigative, artistic, social, enterprising, and conventional.</td>
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</tbody>
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*In years except where noted.


Research
None

References