Cognitive Assessment: Behavior Rating Inventory of Executive Function (BRIEF)

Overview
The Behavior Rating Inventory of Executive Function (BRIEF; Gioia, Isquith, Guy, & Kenworthy, 2000) is an individualized, norm-referenced measure of executive function behaviors designed for school-aged students from 5 to 18 years of age. The BRIEF is a questionnaire that is completed by parents or teachers using one of two different forms; they who behaviors related to executive functions in eight scales (Inhibit, Shift, Emotional Control, Initiate, Working Memory, Plan/Organize, Organization of Materials, and Monitor).

Results of the scales are combined to generate two index scores, Behavioral Regulation/BRI (based on three scales) and Metacognition/MI (based on five scales), along with an overall composite score, the Global Executive Composite/GEC. Standardization of the BRIEF included individuals with a variety of developmental or neurological conditions, allowing for use of the inventory with a broad range of students. A Self-Report Form, the Behavior Rating Inventory of Executive Function – Self-Report Version (BRIEF-SR; Guy, Isquith, & Gioia, 2005) is also available for use with students 13 through 18 years of age.

Summary

<table>
<thead>
<tr>
<th>Name of Tool/ Author (Year)</th>
<th>Age Range*</th>
<th>Method of Administration/Format</th>
<th>Approximate Time to Administer</th>
<th>Subscales</th>
</tr>
</thead>
<tbody>
<tr>
<td>Behavior Rating Inventory of Executive Function (BRIEF) Gioia, Isquith, Guy, &amp; Kenworthy (2000) (Also BRIEF – Self-Report; SR)</td>
<td>5–18</td>
<td>Individualized norm-referenced measure of executive function; Parent and Teacher rating forms</td>
<td>10–15 min. per form; 20 min. to score</td>
<td>Behavioral Regulation Index (Inhibit, Shift, Emotional Control); Metacognitive Index (Initiate, Working Memory, Plan/Organize, Organization of Materials, Monitor)</td>
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</tbody>
</table>

*In years except where noted


Research
NONE

References