Cognitive Evaluation: Behavior Rating Inventory of Executive Function – Preschool Version (BRIEF-P)

Overview
The Behavior Rating Inventory of Executive Function – Preschool Version (BRIEF-P; Gioia, Espy, & Isquith, 2003) is an individualized, norm-referenced measure of executive function behaviors for preschool-aged children from 2 years to 5 years, 11 months of age. The BRIEF-P, a questionnaire designed to be completed by parents or teachers (single form), rates behaviors related to various executive functions observed in the home and in the preschool setting across five domains (Inhibit, Shift, Emotional Control, Working Memory, and Plan/Organize). Items are rated on a Likert scale (never, sometimes, often), comparing the significance of the child’s behaviors to those of other children of the same age over a specified period of time.

Results of the scales are combined to generate three index scores, Inhibitory Self-Control, Flexibility, and Emergent Metacognition (each based on two scales), and an overall composite score, the Global Executive Composite/GEC. Standardization of the BRIEF-P included individuals with a variety of developmental or neurological conditions and children considered at risk, allowing for use of the inventory with a broad range of students. Use of the BRIEF-P may facilitate early identification of children with potential problems in areas of self-regulation.

Summary

<table>
<thead>
<tr>
<th>Name of Tool/ Author (Year)</th>
<th>Age Range*</th>
<th>Method of Administration/Format</th>
<th>Approximate Time to Administer</th>
<th>Subscales</th>
</tr>
</thead>
<tbody>
<tr>
<td>Behavior Rating Inventory of Executive Function – Preschool Version (BRIEF-P) Gioia, Espy, &amp; Isquith (2003)</td>
<td>2-5</td>
<td>Individualized norm-referenced measure of executive function; single rating form for parents and teachers</td>
<td>10–15 min.</td>
<td>Subscales (Inhibit, Shift, Emotional Control, Working Memory) form three broad index scores: Inhibitory Self-Control, Flexibility, and Emergent Metacognition</td>
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*In years except where noted


Research
NONE

References