5 Strategies for Educators Supporting Students with Autism during Remote Instruction

TEA
Texas Education Agency ®

1 Collaboration and Planning

- Designate **regular meeting times** for general and special education staff to meet.
- **Plan** for student accommodations, modifications, effective teaching strategies, and behavior plans.
- **Review** student successes, struggles, and next steps.

2 Priming

- **Prepare students** prior to remote learning sessions to alleviate uncertainty and anxiety.
- **Define, practice, and remind** students about online class expectations.
- Consider using social narratives, video modeling, or role-playing.

3 Reinforcement

- Provide **immediate and positive feedback** to promote learning and appropriate behavior.
- Collaborate with teachers, students, and families about effective, **individualized rewards** for meeting behavior goals.
- Options to consider: special guests invited to class, show and tell with items from home, dress up day, virtual scavenger hunts.

4 Visuals

- A technique used to remind students of **expectations** and correct behavior.
- **Promote student independence** by reducing the need for verbal directions.
- Consider using visuals for student expectations, schedules, reminders of rewards, and scaffolded steps for activities.

First
Journal   Book/Reading

Then
Snack

5 Routines

- Establish clear, consistent, and concrete routines to **provide predictability**.
- **Adhere to new routines** as much as possible.
- Consider using checklists, daily planners, weekly or monthly calendars, or scheduling applications.

Work with Teacher   Independent Time
Break   Free Computer Time

To learn more, visit www.txautism.net